

## **Course Description**

## PHT1201 | Introduction to Physical Therapy | 2.00 credits

This course introduces students to the survey and history of the physical therapy profession. The role and responsibilities of the physical therapist assistant as they interact with patients and other health care workers are discussed. It incorporates discussion on legal and ethical issues, levels of supervision, and the medical record. An overview of common pathologies is presented. Prerequisites: BSC 2085, BSC 2085L, PHY 1004, PHY 1004L; Corequisites: PHT1102C, PHT1201L, PHT1211L.

### **Course Competencies:**

Competency 1: The student will understand the profession of Physical Therapy by:

- 1. Defining Physical Therapy
- 2. Defining Physical Therapy
- 3. Identifying in general terms the history of physical therapy, including:
- 4. Explaining the need for the American Physical Therapy Association and the Affiliate Assembly
- 5. Listing the current programs available leading to a degree in P.T. or P.T.A.
- 6. List the different types of physical therapy practice and explain how these practices may differ.

### **Competency 2:** The student will understand the Credentialing associated with Physical Therapy by:

- 1. Listing the responsibilities of the physical therapist and assistant to the:
- 2. Explaining the process and the need for licensing.
- 3. Explaining the role of the physical therapist assistant to the physical therapist.
- 4. Explain the legal and ethical considerations for the physical therapist assistant.
- 5. Discussing the importance of continuing education.

# **Competency 3:** The student will demonstrate an understanding of the Models of Health Care Practice by:

- 1. Listing the team members that work together in the health care setting and describing their contributions to patient wellness.
- 2. Describing the models of interdisciplinary practice and the settings in which they function.

## Competency 4: The student will demonstrate an understanding of the Ethics and Health Care by:

- 1. Discussing issues facing healthcare workers today.
- 2. Discuss the Code of Ethics for the Physical Therapist Assistant and be able to apply its principles to case presentations.

### Competency 5: The student will demonstrate an understanding of the Survey of Pathological Conditions by:

- 1. Defining disease in general terms.
- 2. Differentiating between a symptom and a sign.
- 3. Defining etiology.
- 4. Describe the symptoms and signs of inflammation, the process of repair, and the scar formation.
- 5. Defining immunity in general terms.
- 6. Describing the etiology and clinical manifestations of selected pathologies

## **Learning Outcomes:**

- 1. Information Literacy
- 2. Communication
- 3. Critical Thinking
- 4. Ethical Issues

Updated: Fall 2024